



**CURRICULUM BRIEFING**

# PHYSICAL EDUCATION

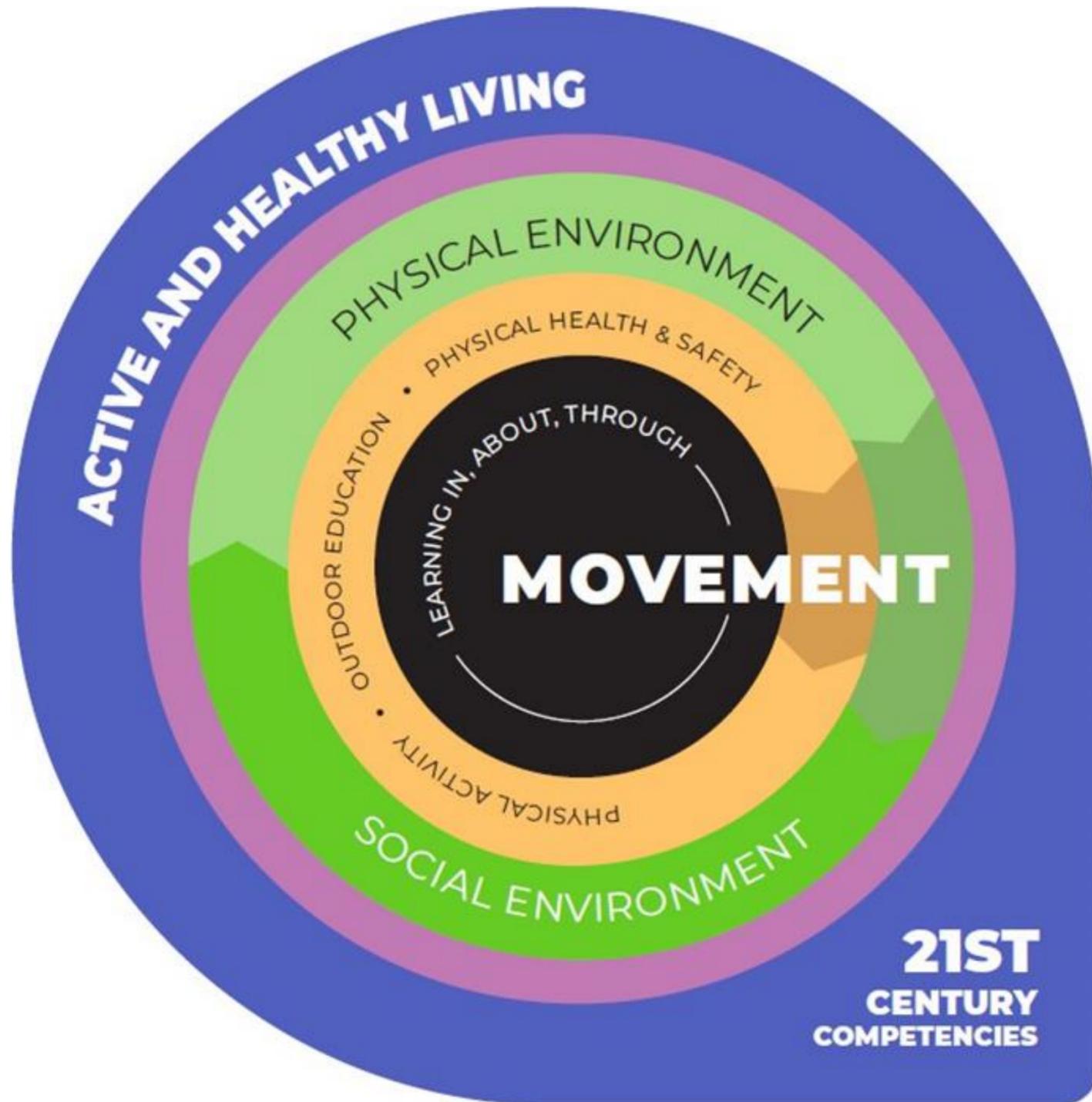
**2024  
NEW SYLLABUS**

# AGENDA

- Purpose and Philosophy
- Syllabus Approach & Assessment
- Events & Programmes

# CURRICULUM FRAMEWORK

Enactment of healthy lifestyle behaviours while retaining focus on **movement competence**.



**Movement** as the primary mode to reach and teach the whole child through the following three dimensions:

- Learning in Movement
- Learning about Movement
- Learning through Movement

**[New] Interaction with the Environment** (physical and social) to strengthen students' learning and experiences in authentic contexts.

# PURPOSE AND GOALS

## Healthy Lifestyle Practices

Students have a personal commitment to healthy lifestyle practices in physical activity, nutrition, sleep, outdoor time and hygiene.

## Enjoyment

Students enjoy and value physical activities and healthy living in a sustainable way.



**Movement Competence**  
Students are competent and confident to participate in a range of physical and outdoor activities.

## Safety Mindset

Students apply risk assessment to manage daily and physical activities with respect to self, others and the environment.

## Core Values

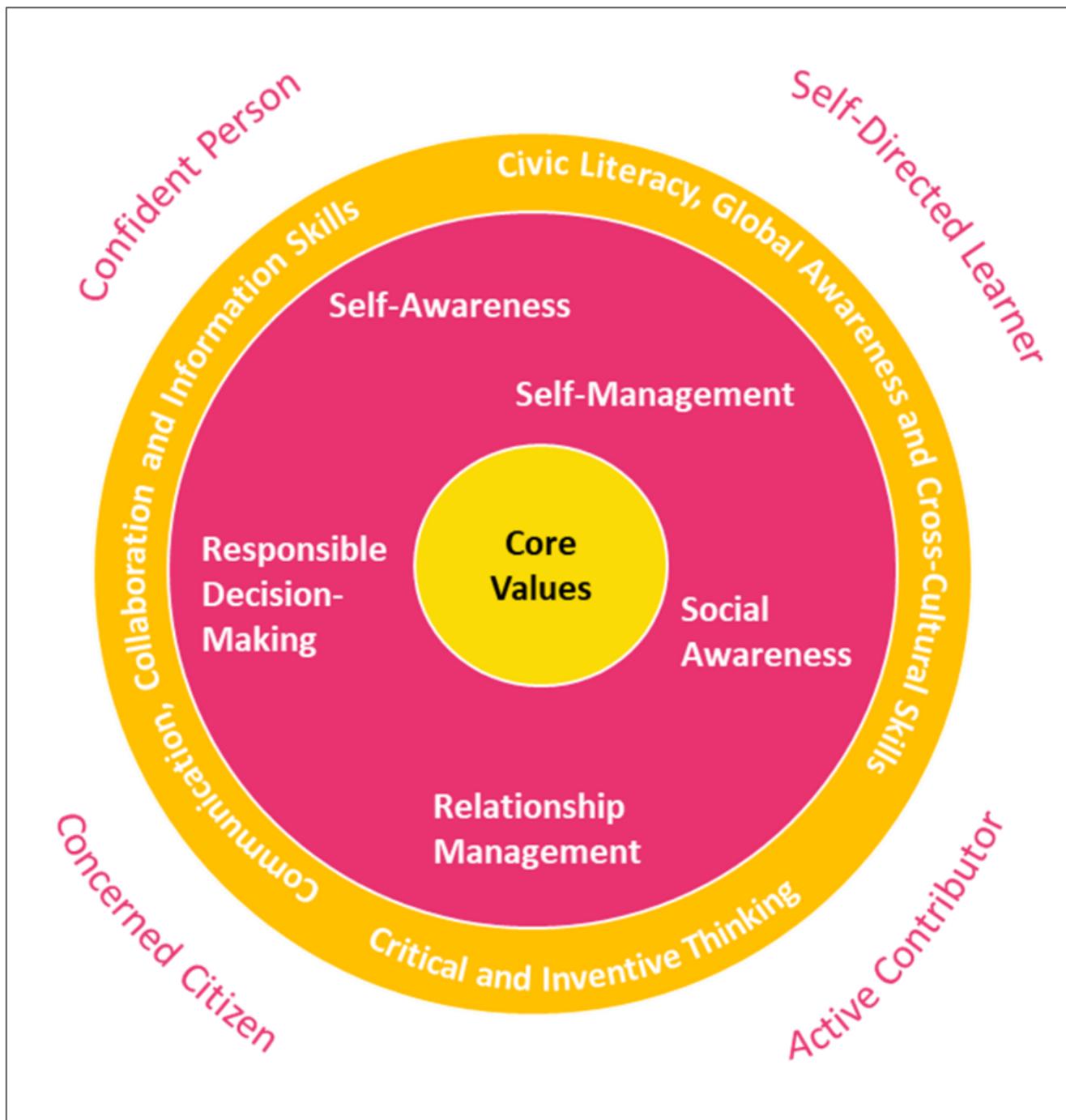
Students make informed and responsible decisions with regard to personal behaviour and social interactions based on sound values-based judgements.

# KEY ATTRIBUTES OF STUDENTS IN PRIMARY LEVEL

## Competent Participants

- Efficiency
  - Effectiveness
- Versatility

# DEVELOPING 21ST CC THROUGH PE



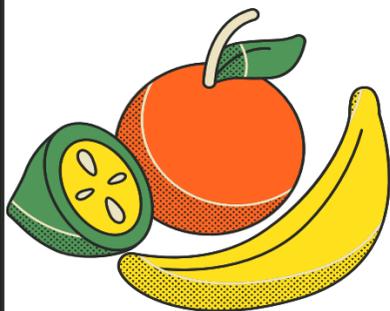
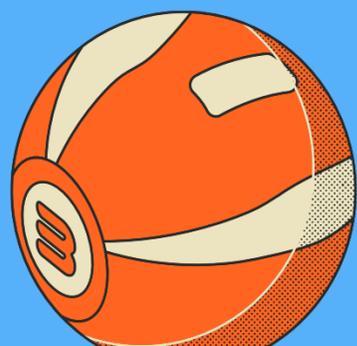
PE anchors students learning in the affective domain on the six **Core Values** of Respect, Resilience, Responsibility, Integrity, Care and Harmony.

The shaping of these values are then linked to the **social-emotional competencies** aligned to the aligned to the CCE Framework.

The development of **emerging 21CC** (Communication, Collaboration & Information, Critical & Inventive Thinking) is pervasive in students' learning experiences in PE.

# GUIDING PHILOSOPHY OF RGPS PE DEPT

- To inculcate **love for sports & physical activities** at a young age
- Physically fit with skills, aptitude and attitude to maintain a **healthy lifestyle**

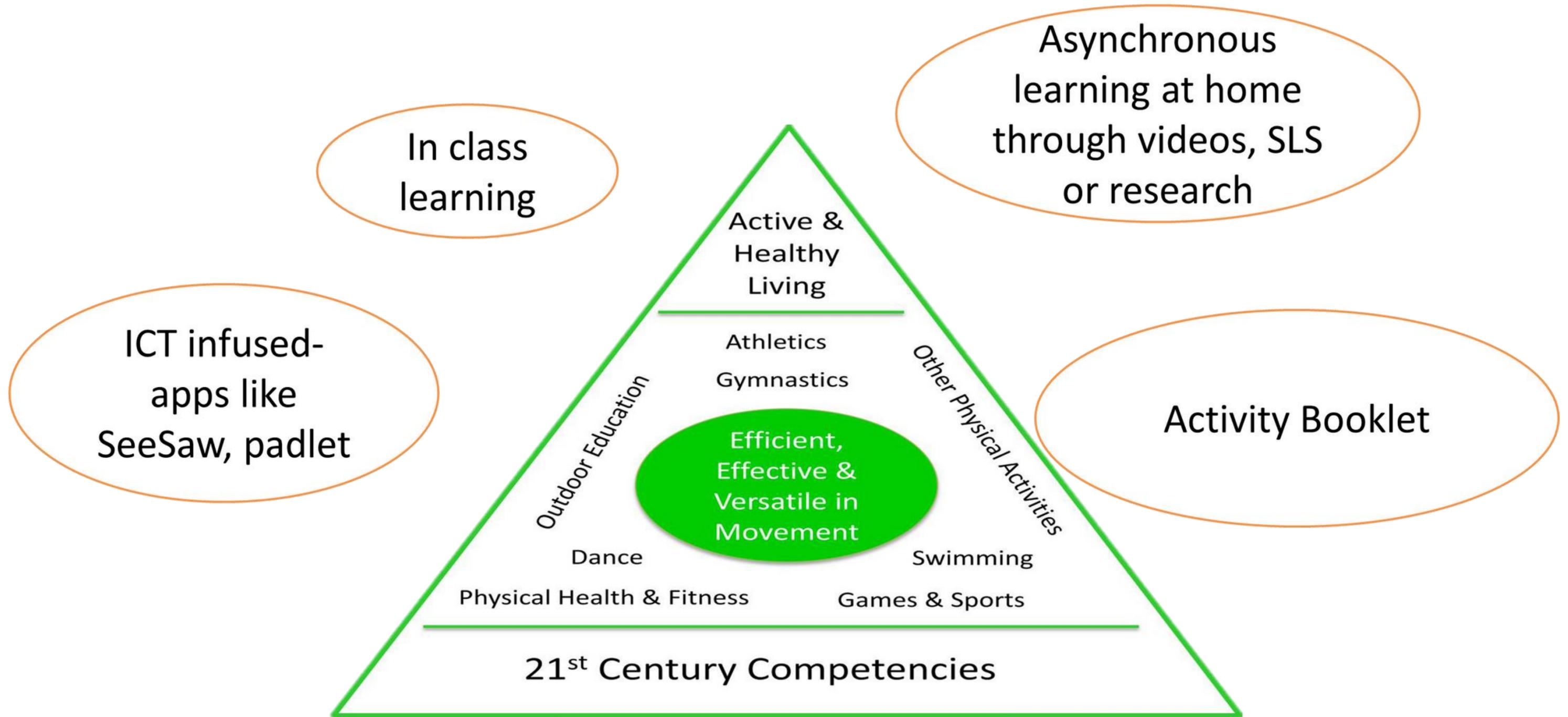


# LEARNING AREAS

Learning Area	Content Area	Strand
<b>Physical Activity</b>	• Athletics	• Movement Skills and Concepts
	• Dance	• Safety Practices
	• Games and Sports	
	• Gymnastic	
	• Swimming	
<b>Outdoor Education</b>		• Outdoor Living
		• Sense of Place
		• Risk Assessment and Management
<b>Physical Health and Safety</b>		• Physical Fitness
		• Safety and Risk Management
		• Nutrition
		• Personal Hygiene and Self-Care



# LEARNING AREAS



# EVENTS & PROGRAMMES

GAMES CARNIVAL

HEALTH FAIR

P5 OUTDOOR  
ADVENTURE CAMP

PIONEERING  
CHAMPIONSHIP

P2 SPORTS ED

P3 TO P6  
RESILIENCE PROG

P4 SPORTS CAMP

P6 INTER-CLASS  
CAPTAIN'S BALL

NAPFA

RECESS PLAY

GAMES CREATION  
COMPETITION

ATHLETE CAMP

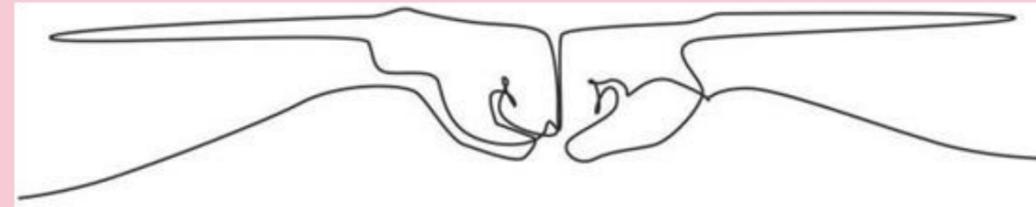
TERMLY  
NEWSLETTER

P3 NEIGHBOURHOOD  
ADVENTURE

P4 INTER-CLASS

P3 SWIMSAFER

# PARENTS-TEACHERS PARTNERSHIP



## Family Activities in My PE Journal

- **[New]** Encourage parents to celebrate milestones in child's journey

## [New] Curriculum-aligned Messages

- for schools to post on Parent Gateway
- for MOE to post on MOE social media

# **PARENTS-TEACHERS PARTNERHSIP**

- **Ensure your child comes in PE attire on PE days**
- **Good shoes (not worn-out soles, good support for running)**
- **Water bottle, wet wipes/ small towel**
- **Provide letter/ email if your child is unwell/ injured and cannot participate in PE**
- **Bring 'My PE Journal' book- assist your child when work is given to be completed at home**

